

## **BSAC Sports Diver**

### **Sports Diver Course Outline**

The Sports Diver continuation pack from Ocean Diver costs £12.00 plus P&P

The Sports Diver Course consists of the following elements:

- six classroom lessons
- a theory assessment
- a dry practical lesson
- one Sheltered Water lesson
- one optional Refresher/Orientation dive
- five Open Water lessons.

All practical training in both Sheltered and Open Water includes the achievement of specific performance standards at appropriate points throughout the lessons.

### **Sports Diver Theory Lessons**

Classroom Lessons are structured to provide prerequisite knowledge appropriate to their counterpart practical lessons.